

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Live Life to its fullest at Via Elegante

				Chair Yoga 1	Walk and roll club 2	Morning Music and Stretch 3
				Meditation by Fireplace W/Guest Instructor	Noodle Ball	Table Talk/Daily Chronicle
				Table Talk/Daily Chronicle	Jam Session	Table Talk/Daily Chronicle
				BINGO		Nail Care
						Humor Matters/Comedy TV
Coffee Club and music 4	News & Views 5	Awake and Stretch 6	Armchair Exercise 7	Chair Yoga 8	Walk and roll club 9	Morning Music and Stretch 10
Live Stream Catholic Mass or Non-Denominational Service	Armchair Travel (Different Country Monthly)	Discovery Food (learn about the origins of one of the featured menu items for that day)	Painting w/Classical Music	Guided Audio Book Club	Noodle Ball	Table Talk/Daily Chronicle
Table talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle
ROM	Bowling	Table Talk/Daily Chronicle	Tea and Conversation	BINGO	Baking/Decorating	Nail Care
Trivia/ Games		BINGO	Movie and Popcorn			Humor Matters/Comedy TV
Table Talk/ and Sunday Funnies 11	News & Views 12	Awake and Stretch 13	Armchair Exercise 14	Chair Yoga 15	Walk and roll club 16	Morning Music and Stretch 17
Sunday Morning Service (Non-Denominational/or Catholic)	Armchair Travel (Different Country Monthly)	Discovery Food (learn about the origins of one of the featured menu items for that day)	Mixed Media Arts and Crafts w/Music	Guided Audio Book Club	Noodle Ball	Table Talk/Daily Chronicle
Chair exercises	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle
Afternoon Games	Bowling	Table Talk/Daily Chronicle	Tea and Conversation	BINGO	Flower arranging	Nail Care
		BINGO	Movie and Popcorn	Bingo Store Shopping		Humor Matters/Comedy TV
Coffee Club and music 18	News & Views 19	Awake and Stretch 20	Armchair Exercise 21	Chair Yoga 22	Walk and roll club 23	Morning Music and Stretch 24
Live Stream Catholic Mass or Non-Denominational Service	Armchair Travel (Different Country Monthly)	Discovery Food (learn about the origins of one of the featured menu items for that day)	Watercolor Painting w/coffeehouse music	Guided Audio Book Club	Noodle Ball	Table Talk/Daily Chronicle
Table talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle
ROM	Bowling	Table Talk/Daily Chronicle	Tea and Conversation	BINGO	Sing-along	Nail Care
Trivia/ Games		BINGO	Movie and Popcorn			Humor Matters/Comedy TV
Table Talk/ and Sunday Funnies 25	News & Views 26	Awake and Stretch 27	Armchair Exercise 28	Chair Yoga 29	Walk and roll club 30	Morning Music and Stretch 31
Sunday Morning Service (Non-Denominational/or Catholic)	Armchair Travel (Different Country Monthly)	Discovery Food (learn about the origins of one of the featured menu items for that day)	Pottery w/Music	Guided Audio Book Club	Noodle Ball	Table Talk/Daily Chronicle
Chair exercises	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle	Table Talk/Daily Chronicle
Afternoon Games	Bowling	Table Talk/Daily Chronicle	Tea and Conversation	BINGO	"Whine" & Cheese Party	Nail Care
		BINGO	Movie and Popcorn	Bingo Store Shopping		Humor Matters/Comedy TV